

Knowing and worshipping God and sharing His love



St Nick's, Allestree & St Paul's, Quarndon

September 2021

Generous Patience

Gael Browne

I believe that as Christians part of our mandate, if we are to be Christlike, is to aim as best we can to live in a place of patience. Patience is indeed a fruit of the Spirit; something we can ask for and grow in and inhabit as followers of Christ, filled with His Spirit. And in order to be generous with our time and to be present in each moment, there is a lot to be said for it.

It's described as "the capacity to accept or tolerate delay, problems, or suffering without becoming annoyed or anxious". Sometimes it's also helpful for me to look at what the opposite of something is, and an antonym of patience is hastiness, or rushing. And when we rush we miss opportunities, we speak out of turn, we hurt others, and we wear ourselves out.

I'm not a great person to give advice on patience because it's something I'm a bit of a novice at myself! But the best example of patience to me is in the person of Jesus Christ. So let's look to Him to inform how we 'do' patience.

Jesus had this persistent lack of hurry; he had this way of restful living. The kind of slow, taking-it-all-in living that allows Him to feel when the power goes out of Him when He's touched by the bleeding woman, that allows Him to stop for a drink with the woman at the well, that allows Him to generously wash the feet of His friends, and that compels Him to bid Martha to stop and sit a while. Jesus didn't do things in a hurry, which is kind of surprising given that his ministry was to be so short! He favoured taking himself off to a quiet place; in fact in Mark, he goes off in solitude over

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twenty times! Maybe this was to teach his followers to be more patient?! I can imagine they got quite frustrated with him disappearing and taking time out so often!

However, living that way, where we can take regular pauses and guilt-free breaks, is what helps us to cultivate patience and challenge ourselves to be less hurried. It also helps us to take a breather and get through, with patience and grace, whatever road we might be travelling. A really wise lady said to me recently that life without intentional pause is like a huge section of prose without any punctuation or grammar. It's only when we insert the pauses and line breaks that it makes any kind of sense. Could we recognise that our time is never wasted? Or even more than that—that sometimes we need to 'waste' time with unproductivity in order for us to be our best?

So, challenging the insipidness of a patience that calls for us to become Christian doormats, or at worst is reduced to a weak and rarely utilised gift of the Spirit, patience is not just about forbearance and putting up with things and laying down self. It *absolutely is* those things, but to be able to be patient requires us to be in a healthy place, and to carry the knowledge that we are loved no matter what we go through or wait in longing for. In order for Jesus to exude the kind of patience we are called to, He needed to retreat, to linger, to live out patience in an unhurried manner in His very being.

What does it look like for you to foster 'unhurried living'? Maybe it looks like being patient with yourself; recognising your humanness and living within the bounds of it—taking a pause when you need to catch your breath, just as Jesus did. Maybe it's intentionally carving time out where you put phones and devices away and spend time as a family. Because all of those moments we choose to not rush and be distracted lead us to build patience and intentionality in our lives.

My prayer is that you will remember that hurry is so opposed to patience. I know of no fruit of the Spirit named 'hastiness', but we are indeed called to patience, both with ourselves and with others.

Bless you as you come out of Summer and head into whatever this next season holds for you!

Gael (*Administrator*)

(Excerpt taken from the notes of a previous sermon of mine due to staff availability over the summer - they were off practicing rest and 'unhurry'!)

Coffee & Chat at St Nick's

Coffee & Chat will be resuming this month in the Church Room at St Nick's on the second AND fourth Fridays of the month. Linda and the team are hoping this will be welcome news to all who are longing to get together again and have fellowship. After the success of the afternoon teas over the summer, it will be lovely to maintain a pattern of getting together over a cuppa and sharing. Please do contact Linda for more information.



Family Fun Mornings

WOW! What a wonderful summer holiday it's been, serving and loving the community around us with weekly Family Fun Mornings!

So much fantastic feedback about the format and how it has been something that adds much needed structure the school holiday week, and thankful parents telling us how it's been amazing to know there's a day where they can turn up and their children will be entertained and fed!

Of course, it could not have taken place without the commitment of our wonderful volunteers who have worked tirelessly to get things set up early in the morning and pack it all down again afterwards. The kitchen team who have made hundreds and hundreds of sandwiches. The helpers who have chatted while supervising crafts. You are all STARS!

We have had over 120 people present at each session, including families linked to the New Parent Support Group which ran earlier in the year.

Finally, thank you to our brilliant Children's and Families Worker, Anna, for the many, many hours she has put into researching, planning, and resourcing this amazing initiative. She is so very talented and we are very lucky to have her!

**THANK
YOU!**



An announcement from St Paul's Sale, in the Diocese of Chester:

The Patron's together with the Parish Representatives are pleased to announce the appointment of the Reverend Rebecca Catherine Mathew to the living of the Parish of Saint Paul, Sale (subject to all legal formalities being fulfilled).



Becky and family will be hopefully moving to Sale, Manchester during October half term and would appreciate your prayers especially in finding schools for Thomas and Catherine and for Shemil as he will be initially commuting to his new role as the Vice-Dean of Emmanuel Theological College in the North-West Dioceses.

For those asking about a leaving party, the plan is for a joint 10.00am service on Sunday 24th October at St Paul's, followed by a joint lunch at St Nick's Hall. More information will follow!

Seniors' Afternoon Tea

Thank you so much to all who helped out with the Seniors' Afternoon Tea! We have received so much fantastic feedback from these events over the summer; they have provided much needed space for people to be safely social. Thank you to the cake providers, washer-uppers, and waiters. Thanks to those who moved around tables and chairs. It was touching to see people together again after such a long time.

Plus the cake was abundant and delicious!





Quarndon Repair Café meets in the Church Hall, with the next being on **Saturday 25th of September.**

This is a space supported by Derbyshire County Council where you can take household items to be fixed. They have recently seen a sewing machine, bike, printer, strimmer, sunglasses and more! So if you have any items at home that could do with looking at, feel free to pop along.

If you have a specific repair skill or just a general practical flair for fixing, please contact qcg@quarndon-village.org.uk to get involved. We are told there is tea and homemade cake available!



SEASON OF CREATION

Creationtide, or the Season of Creation, is the period in the annual church calendar from 1st September to 4th October, dedicated to God as Creator and Sustainer of all life.

The theme for the Season of Creation 2021 is A Home for All, renewing the oikos of God. Oikos means 'home' or 'family' and is the root of our words starting with 'eco' like 'ecology' and 'economics'. The last year has been a wake up call to the need to restore our relationships with God, creation and each other.

For more information about this month long season, and for ideas on how to get involved, please visit seasonofcreation.org.

Prayer Requests:

If anybody has any prayer requests, please email them to either Becky or Dawn and we can make sure we pray for you during our staff meeting on Mondays.

Please pray for:

- Over 70 folk who have been relocated in Derby under the Government's Afghan Relocation and Assistance Policy, and all those who've had to flee their homes.
- All those returning to / starting school or other academic study. For the teachers and students as they enter a new year.
- For Play'n'Praise, Anna, and all of the volunteers as it starts this month; for good conversations and safe space to be made.



St Mark's Winshill has been working towards becoming an Eco-church over the last two years, prompted by the climate change crisis and our calling as Christians

to care for God's creation. Having attained a Bronze Eco-church award, they are now well on the way to Silver.

They have been making changes in the life and work of their church, as well as the building and grounds, in an effort to become 'greener'. The practical changes include having more LED lighting, using green energy suppliers, Fairtrade and eco-friendly products, using less disposable items and recycling wherever possible.

The liturgy has been adapted too marking Climate Sunday as a prelude to Creation Season, holding a climate-related Lent course, supported environmental charities and included excerpts from the Green Christian prayer guide in daily offices. In the church grounds, they are working on a section to create a green and versatile outdoor space which will include a wildflower meadow, bee hotels, bird boxes and an area for community activities such as Forest Church. A summer activity day for primary children entitled 'Our Wonderful World' – finding God in the big and small wonders all around us is planned where they can explore many aspects of this incredible planet and how we can care for it, through fun, crafts, games and bible passages.

Since January, St Mark's has been taking part in the "Make COP26 Count" programme which has included praying for and learning about churches' climate action in other parts of the world as well as lobbying the local MP to ask government ministers specific questions about meeting targets for reducing carbon emissions.

If you'd like to get involved with making our churches greener, please do speak to Becky, Dawn, or one of the wardens with any ideas!

Newsletter Information - Deadline!

Please be aware that the deadline for any news you'd like to be included in the next Newsletter is always the 16th of the month before.

Any info should be sent to the church office on stnicksallestree@outlook.com

St Nick's Birthdays

If you've got a big birthday coming up, maybe 80, 90..... 100?! We'd love to know so that we can celebrate with you! Speak to Sarah Tupling, as she has taken over keeping our birthday records up to date.

Spot the Stained Glass!

Do you know where this stunning piece of stained glass is in St Paul's...?



DCM Annual Celebration

The last year has been full of changes, challenges and moments of reflection. One thing for sure is that amidst all of these adjustments, we are still intentional about our vision as a mission.

We would love for you to join us for our Annual Celebration on Sunday 26th September as we reflect on the great things God has done and look forward to the future plans He has in store.



Sunday 26th September 2021 - 6.30pm at Reach, Pride Park & Online. Please let us know that you are coming along by simply registering online at www.derbycitymission.org.uk

Cobthorne Drive Children's Society Table Top Sale

Thank you to everyone who supported this event.

We raised £947. A very pleasing result.

Please could you save jam jars for me? Clean and with labels removed, 1lb size preferably.

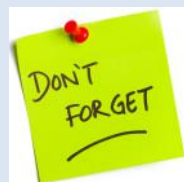
Thanks, Helen



PCC Meetings Reminder:

St Nick's Thursday 9th September 7.30pm in Church

St Paul's Thursday 16th September 7.30pm in Church



Please pray for those who are trustees and members of our parochial church councils as we gather to make important decisions about the ministry and mission of our churches especially during a time of interregnum.

Upcoming Services

Dates/Services	Leaders	Readings
Sunday 5th September St Nick's: 10am Informal Worship St Paul's: 10am Traditional Holy Communion	<i>Becky</i> <i>Dawn</i>	James 2:10, 14-17 Mark 7:24-end
Sunday 12th September St Nick's: 10am Together@theTable 7pm Praise & Pudding St Paul's: 10am All Age Worship	<i>Becky</i> <i>Dawn</i> <i>Anna & Dawn</i>	Isaiah 50:4-9a Mark 8:27-end
Sunday 19th September St Nick's: 10am Morning Praise St Paul's: 10am Morning Praise	<i>Sarah</i> <i>Dawn</i>	James 3:13—4:3, 7-8a Mark 9:30-37
Sunday 26th September St Nick's: 10am Bible Study & Coffee 3pm Traditional Holy Communion St Paul's: 10am Service of the Word & SHINE	<i>Dawn & Sarah</i> <i>Becky</i> <i>Becky</i>	James 5:13-end Mark 9:38-end

Handy Contacts for both churches:

St Nick's

Church Warden: Paul Taylor **Contact:** 01332 556020
Safeguarding Lead: Miriam Chappell **Contact:** 01332 550782
Licensed Lay Reader: Sarah Tupling **Licensed Lay Reader:** Phil Moncur

St Paul's

Church Wardens: Mike Annable **Contact:** mike@stpaulsquarndon.org.uk
 Jan Calladine **Contact:** jan@stpaulsquarndon.org.uk
Verger: Dawn Price **Contact:** 01332 556422
Safeguarding Lead: *Vacant— please contact Revd Becky*
Church Hall Bookings: Val Annable **Contact:** 07780 830371
 quarndonchall@aol.co.uk
(or see St Paul's website to book online)

Please get in touch if you'd like to talk to us about organising a Baptism at St Nick's or St Paul's, or would like to get married or celebrate a special anniversary with the renewal of wedding vows. Vicar Becky is always happy to respond to enquiries.